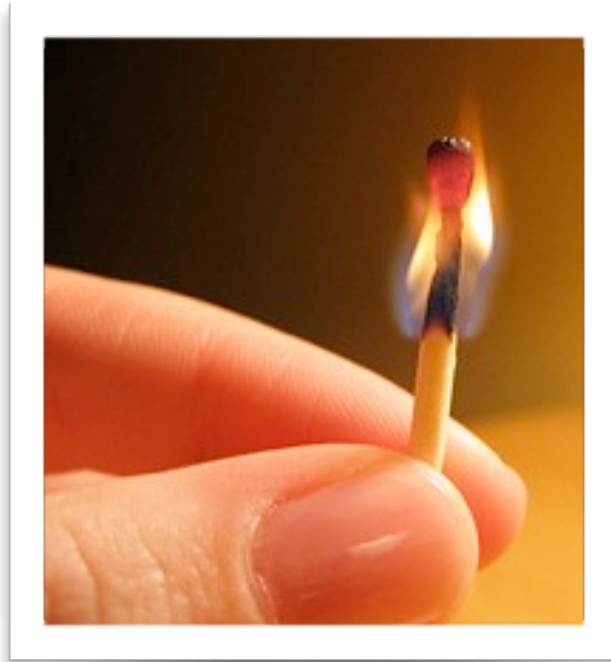


# RECIPE FOR BURNOUT

*in Ministry*



## GIVE OUT MORE THAN YOU TAKE IN

A simple, yet profound truth that can be seen both in the world of finances and in ministry. If we spend more than we make we will end up being in debt. If we teach others and we are not learning, we will end up teaching on 'credit.'

### The 'Learning:Teaching Ratio' Principle

Make sure what you are learning **in** the Bible is proportionate to what you are teaching others from the Bible. If we are teaching more than we are learning, we are destined for a melt down or burn out.

Burn out prevention: Learn.... be in Bible study (devotional and inductive) at least as much as you are teaching Bible Study. We should not teach on credit, rather, we should teach out of an overflow of what the Lord has given us through consistently studying on our own. Just a thought....

dh 3.28/10